

Case Study: Big Bocs Bwyd at Cwmfelin Primary School

WHY?

For many years at Cwmfelin we have been educating and promoting the benefits of a healthy lifestyle to our children and families. As part of this children participate in the Daily Mile and staff support and encourage pupils and families to make healthy food choices. Cwmfelin has Healthy School and Eco Platinum flag accreditation. We have been exploring ways to continue with our mission and Big Bocs Bwyd has provided us with an ideal opportunity to continue with this work and to deliver our philosophy to the wider community.

HOW?

Following an initial meeting in December 2020, we decided to put the school forward for involvement in this project. We were thrilled to be selected! Our Bocs officially opened on October 21st 2021 and it was a HUGE success!

WHO?

School staff, pupils, governors, parents, families and the local community are aware of the project and staff are working with local businesses to help us get the project up and running.

Challenges and Barriers

- *Sharing the rationale and aims of the project and gaining 'buy in' from with school stakeholders and the wider community.*
- *Gaining planning permission from BCBC for containers.*
- *Health & Safety considerations (including Covid-19.)*
- *Securing grant funding to get the project started.*
- *Getting support and donations from local businesses.*
- *Encouraging volunteers to join the team from our school community.*

Benefits of our BBB!

We are helping families in our local community while helping local businesses to reduce the amount of food waste.

We are using our BBB as part of our curriculum. This is helping our pupils to use it in many ways, e.g. We are using cookery sessions, which leads to us making prepacked bags of ingredients for parents to recreate at home. We are using this to support our healthy eating initiative.

We are currently developing our outdoor environment and beginning to plant vegetables that will later be sold in the BBB



BBB Top Tips!

Involve like minded people in the project to guarantee success!

Share ideas with other schools and support each other along the way. Do not be afraid to ask others for help and advice.

Strengthen links with businesses in the local community and get them on board. Try to make links early on, even before your Bocs is due to open.